

Village Health Center Weekly Group Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Tools for Change Group</u></p> <p>Claude Bell & Michael Patton 10:00am-11:00am Room 207-PMC</p>	<p><u>Healthy Relationships Group</u></p> <p>Dario Roldan 10:00am-11:00am Room 207 - PMC</p>	<p><u>Recovery Skills Group</u></p> <p>Kim Knopik & Vanessa Talampas 10:00 am-11:00 am Room 207 – PMC</p>	<p><u>Emotional Regulation in Recovery Group</u></p> <p>Destiny Childress & Sandra Wiley 10:00am-11:00am Room 207-PMC</p>	<p><u>Harm Reduction Group</u></p> <p>Destiny Childress & Elise Ricamato 10:00am-11:00am Room 207 - PMC</p>
<p><u>Reflections Group</u></p> <p>Michael Patton 2:00 pm-3:30 pm Room 207 - PMC</p>	<p><u>Substance Use & Education Support</u></p> <p>Kim Knopik & Dario Roldan 2:00 pm-3:00 pm Room 207-PMC</p>	<p><u>Mindful Coping Skills</u></p> <p>Elise Ricamato 2:00PM- 3:00PM Room 207 – PMC</p>	<p><u>Grief and Loss</u></p> <p>Sandra Wiley 2:00PM- 3:00PM Room 207 – PMC</p>	

See something you would like to attend?

Groups in gray boxes: No need to RSVP, just show up to the Village Health Center (The Clinic) to check in
 Have questions? Contact our Director of Behavioral Health Services – Marc @ ext. 1652
 or Manager of Behavioral Health Services – Jessica @ ext. 1651

Groups in white boxes: Contact your TRS counselor or Manager of Alcohol and Drug Counselors- Norman @ ext. 1650