

## Village Health Center Weekly Group Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Tools for Change Group</u> <b>Armando Ramos</b> 10:00am-11:00am Room 207-PMC	<u>Healthy Relationships Group</u> <b>Marc Stevenson</b> 10:00am-11:00am Room 207 - PMC	<u>Recovery Skills Group</u> <b>Kim Knopik</b> 10:00 am-11:00 am Room 207 – PMC	<u>Emotional Regulation in Recovery Group</u> <b>Kim Knopik</b> 10:00am-11:00am Room 207-PMC	<u>Harm Reduction Group</u>  10:00am-11:00am Room 207 - PMC
<u>Reflections Group</u> <b>Michael Patton</b> 2:00 pm-3:30 pm Room 207 - PMC		<u>Coping Skills</u> <b>Mery Marcano</b> 2:00 pm-3:00 pm Room 207 - PMC		

### See something you would like to attend?

**Groups in gray boxes:** No need to RSVP, just show up to the Village Health Center (The Clinic) to check in

Have questions? Contact our Director of Behavioral Health Services - Sarah @ ext. 1662

**Groups in white boxes:** Contact your TRS counselor or Manager of Alcohol and Drug Counselors- Teresa @ ext. 1569